

SAVE THE DATE

FALL/WINTER
IN PERSON
AND ONLINE
REGISTRATION
AUGUST 8

WWW.WYLIETEXAS.GOV | 972-442-8119



Activity Registration
<https://apm.activecommunities.com/wylie>



email
Recreation@WylieTexas.gov



City of Wylie Website
WylieTexas.gov



digiREC news and blog
WylieRecreation.com



Instagram
[@WylieRecreation](https://www.instagram.com/WylieRecreation)



Facebook
Wylie Recreation and City of Wylie, TX



Twitter
[@WylieRecreation](https://twitter.com/WylieRecreation) and [@WylieParks](https://twitter.com/WylieParks)

Sr Rec Center

800 THOMAS - 100 | 972-442-8119 | Recreation@WylieTexas.gov

SPECIAL EVENTS

The Reelers

Calling all movie buffs! Meet with fellow movie lovers to enjoy a mix of comedy and drama, cult classics, modern-day masterpieces, and black and white favorites at the center. Grab a bag of complimentary popcorn while you watch, and break for a slice of pizza at lunch.

Senior Recreation Center

Ages: 55 Yrs +

Tu	7/11	10 AM - 3 PM	No Charge	7415
Tu	7/25	10 AM - 3 PM	No Charge	7416

Coffee Talk

Talk over your recreation ideas, wants, and needs with peers. Lending your voice created programs like YANA (You are Not Alone), Gold Card events, and new trips. Gain inside information on upcoming events and influence programming. Share ideas, brainstorm, and ask questions. You provide the input, and we provide the snacks.

Senior Recreation Center

Ages: 55 Yrs +

W	7/5	12:30 - 1:30 PM	No Charge	7357
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Celebration Luncheon

Happy birthday to you, and you, and you! Give and get celebratory wishes during this long-standing Wylie tradition. Fill your belly with a hot, hearty, and free meal with friends, and take home the latest program information. Eat, talk, laugh, and stick around for an afternoon of games and door prizes. Register by Monday prior to event.

Senior Recreation Center

Ages: 55 Yrs +

F	7/21	11:30 AM - 1 PM	No Charge	7365
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July 2017

JULY IS NATIONAL PARK AND REC MONTH

SINCE 1985, AMERICANS HAVE CELEBRATED JULY AS NATIONAL PARK AND RECREATIONMONTH. CHECK OUT THE WIDE VARIETY OF JULY-ONLY ACTIVITIES RANGING FROM HEALTH AND WELLNESS TO NATURE AND COMMUNITY SPIRIT.

Press Play: Music Trivia

Challenge yourself and your friends as you test your knowledge of music from the 1930”s to the 2000”s.
Senior Recreation Center
Ages: 55 Yrs +
July 3, 10, 17, 24, 31
1– 2 PM

Bagels at the Pavilion

Take a walk to the Community Park pavilion for your morning exercise, then share a bagel breakfast with staff and friends.
Senior Recreation Center
Ages: 55 Yrs +
July 5, 12, 19, 26
8 - 9 AM

Craft On

Create your own games, garden accessories, and more!
Senior Recreation Center
Ages: 55 Yrs +
12:30 - 1:30 PM
July 6 - **Bird Feeders**
July 13 - **Planters**
July 20 - **Frisbees**
July 27 - **Glow Bounce Ball**
Registration Required

Porch Pops

Enjoy free gourmet ice pops from Steel City Pops.
Senior Recreation Center
Ages: 55 Yrs +
July 7, 14, 21, 28
10:00 AM - 1 PM or until we run out

Backyard Games

Join us every week to play a different game with friends.
Senior Recreation Center
Ages: 55 Yrs +
July 7,14, 21, 28
1 - 3 PM

Celebration Luncheon Picnic

Celebrate your July birthday with a different kind of picnic! We’ll provide a sack lunch to enjoy in air conditioned comfort.
Senior Recreation Center
Ages: 55 Yrs +
July 21
11:30 AM - 1 PM
Registration Required

(GET YOUR
PLAY ON)

SENIOR SERVICES

MOW Congregate Lunch

Meals on Wheels Collin County provides a nutritious lunch for seniors who are able to attend the Sr Center. Call or sign up with Sr Rec Center staff before noon the day before to make a reservation for a hot meal with 1/3 of your recommended vitamins and minerals! See Sr Rec Center front desk staff for registration forms and monthly menu.
Wylie Sr Rec Center
Ages: 60 Yrs +

WISD Gold Card Program

Join the Wylie Independent School District’s Gold Card program and get admitted free of charge to Wylie ISD home athletic events and reduced ticket prices for most activities sponsored by the school district! Senior Rec Center bus will be providing transportation to select events throughout the year. See Sr Rec Center front desk staff for registration forms.
Wylie Sr Rec Center
Ages: 65 Yrs +

North Central Texas Area Agency on Aging

The Area Agency on Aging has a new way to help you with health care, drug, food and utility costs. Staff at the Benefits Enrollment Center can submit applications for you if you meet the requirements for one or more of the following programs.

- Medicare Savings Programs (MSPs)
- Medicare Part D Extra Help (EH)
- SNAP food assistance
- LIHEAP/CEAP utility assistance
- SSI/Medicaid
- Programs for prescription help, tax relief or respite care

You may qualify if you have limited income and you are on Medicare or have a disability. There is no cost to apply. Call at 1-800-272-3921, ext. 7364 or 7687, or email at benefits@nctcog.org.

FAQs

HOW DO I GET ON THE BUS PICK UP LIST?

Bus pick up to and from the Sr Rec Center is available M-W-F for Wylie Residents. Just see the front desk staff at the Sr Rec Center to get your name on the pick up list. If the bus is already full your name will be added to a waitlist.

WHAT IS A STORE TRIP?

Every other Tuesday the bus will pick up riders and take them around town to run errands. Typical stops include Walmart and Dollar Tree. Special requests to other local shopping is subject to approval.

WHAT IF I HAVE TO CANCEL A TRIP?

Cancellation must be made 24 hours prior to the scheduled start time. Notify a Sr Rec Center staff person. Refer to p.36 of the Activity Menu for more information on Sr Rec Center Refunds.

HOURS & LOCATION

800 Thomas Street - 100
972-442-8119

MONDAY - FRIDAY

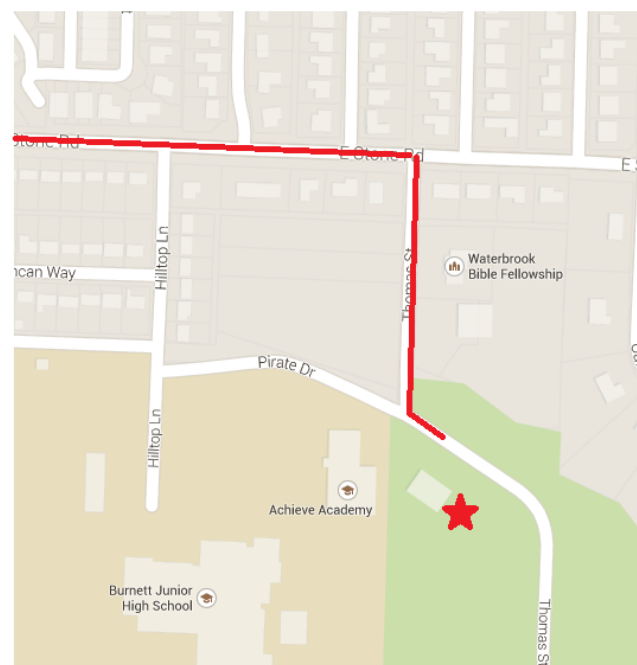
8 am - 4 pm

SATURDAY

9 am - 3 pm

SUNDAY

1 - 5 pm



SR REC FITNESS AREA

Stay healthy and fit in a safe, clean and accessible environment! Wylie Sr Rec offers your choice of tread mills (2), recumbent bikes (2), elliptical machine, and various hand weights to keep your exercise routine exciting. Watch your local news or favorite shows on the fitness TV while you work out. Pick up literature featuring nutritional guidelines and healthy living tips. If an indoor workout is not for you take a stroll at Wylie's Community Park located outside the Sr Rec Center. Fitness area is available during business hours.

HEALTH & FITNESS

Group Exercise

Participate in a fit and fun low-impact workout. This unique curriculum accommodates the needs of people that have trouble standing on the floor to exercise. The combination of resistance bands, arm weights, and chair exercise keep you engaged and feeling great. No Class 07/03 and 07/21.

Senior Recreation Center

Ages: 55 Yrs +

Instructor: Joyce McGaughey

M W F 7/5 - 7/31 9:30 - 10:30 AM

No Charge 7575

Chair Yoga

Relax and rejuvenate while improving balance and mobility. Get Fit Where You Sit DVD video series focuses on physical and mental fitness with the aid of a chair. Step-by-step Instruction combines low impact cardio, resistance training, and stretching with mind-body techniques that promote active mindfulness and meditation.

Senior Recreation Center

Ages: 55 Yrs +

Instructor: Cindy Risteen

Sa 7/1 - 7/29 10:00 - 10:45 AM

No Charge 7369

Sr Rec Center ID

Sr Rec Center IDs are available at no charge for ages 55 + at the Senior Recreation Center. Gain access to Open Play activities. Review Rec Pass Terms of Use, Facility Rules and Guidelines prior to sign up.

THE ARTS

Wreath Making

Time to decorate your door. Create a beautiful wreath using a variety of textures, ribbon, and decor. Learn how to select and place stems and color for a balanced and whimsical look.

Senior Recreation Center

Ages: 55 Yrs +

Instructor: Lupe Kuharsky

Tu	7/25	1 - 2 PM	\$5	7456
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Basic Floral Design

Learn the ins and outs of floral design from a professional florist. Go through the step-by-step process of floral design. Learn the basic design elements and principles, and create a beautiful project for your home. Put together various types of floral arrangements, including corsage, and round arrangements.

Senior Recreation Center

Ages: 55 Yrs +

Instructor: Kate Philippi

Tu	7/11	10 - 11 AM	\$3	7361
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Crochet

Chain, slip stitch, and double crochet your next craft project. Learn the basic steps of crochet while experimenting with a variety of color schemes and textures. Take home a great handmade project and the skills to make many more.

Senior Recreation Center

Ages: 55 Yrs +

Instructor: Michelle Stone

M	7/3	1 - 2 PM	No Charge	7377
M	7/17	1 - 2 PM	No Charge	7618

Texas Hold ‘Em

Time to practice your poker face! Expand your skills or learn new techniques. Try your luck with the house dealer and learn when to bet, raise, call, or fold in this popular card game. Play friendly wagers, antes, and double downs for bragging rights. All levels welcome.

Senior Recreation Center

Ages: 55 Yrs +

Instructor: Matthew Kruse

M	7/3 - 7/31	10 AM - 12 PM	No Charge	7410
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Gardening

Embrace your green thumb! Learn and share gardening tips while socializing with friends and getting some fresh air. Grow your very own fruits and vegetables alongside a skilled instructor. Gain valuable plant care tips. We provide the seeds, tools, and soil.

Senior Recreation Center

Ages: 55 Yrs +

Instructor: Kate Philippi

W	7/5	8:30 - 9:30 AM	No Charge	7381
W	7/19	8:30 - 9:30 AM	No Charge	7621

Woodworking

Unleash your creative potential while learning how to transform wood into beautiful and practical products for your home. Learn basic techniques and hone your skills. Each month features a new project. All supplies provided.

Senior Recreation Center

Ages: 55 Yrs +

Instructor: Matthew Kruse

F	7/7 - 7/28	1:30 - 2:30 PM	No Charge	7452
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[THE ARTS CONTINUED]

Senior Craft Corner

Get crafty! Create one-of-a-kind treasures to keep or share with your friends and family. Quick and easy projects include something for everyone. Learn a new skill, or show off an old one in a friendly environment with fellow crafters. All supplies provided.

Senior Recreation Center

Ages: 55 Yrs +

Instructor: Jennifer Hollien

Bird Feeders

W	7/19	12:30 - 1:30 PM	No Charge	7387
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Creative Confections

Treat yourself to the sweetest projects! Discover a world of confectionery delight. Join in for a yummy and simple spin on cakes, candies, and cookies. Use items found in most home kitchens to transform ordinary sweets and treats into edible treasures. Baking supplies and ingredients provided.

Senior Recreation Center

Ages: 55 Yrs +

Instructor: Angela Daniel

Trail Mix

M	7/24	12:30 - 2 PM	No Charge	7373
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WITHDRAWALS

PLEASE WITHDRAW AT LEAST 24 HOURS BEFORE CLASS START TIME. THIS ALLOWS THE INSTRUCTOR TO ADJUST CURRICULUM AND WAITLISTED GUESTS TO BE REGISTERED.

AWESOME EXPERTS

KATE PHILIPPI teaches Basic Floral Design and Gardening. She has been an active member of the Senior Recreation Center for two years. Kate started in the floral industry in 1973. She studied floral design and earned her Florist Transworld Delivery master design certification. She has owned four flower shops in Tulsa, Okla., and taught floral design at the Tulsa Technology Center for 12 years.

CINDY RISTEEN teaches Chair Yoga. She has been part of the Senior Rec team since 2013 and firmly believes that maintaining a strong core is important to senior health. Cindy strives to lead participants toward improved physical and mental health. She enjoys working with seniors and hopes to brighten the day of everyone with whom she interacts.

MICHELLE STONE teaches Crochet. Michelle has been working at the Senior Recreation Center since 2015. She has been crocheting since she was a teenager and continues to learn new stitches to bring to her students. Michelle enjoys sharing what she has learned with others and loves seeing the joy on students' faces when they understand a concept or master a new skill.

DONNA SHIRLEY with the Smith Public Library heads up the Third Monday Book Bunch. She has been with the library since 2003. Donna earned her Bachelor of Arts in Liberal Studies at Oklahoma Christian University and received a Master of Library Science from Oklahoma University. While she enjoys reading nonfiction and many other genres, she is especially fond of British mysteries and horror.

ROBERT STOKES teaches Genealogy. Robert has been researching his family history for 20 years. He started as an English teacher and eventually became an assistant principal for Dallas ISD. He has been interviewed by *Time Magazine* and *Readers Digest* for his study of family history. Robert also teaches his Genealogy courses at The Mansions of Wylie.

TRIPS LET’S GO!

Senior Chow Critics

Everyone’s a critic! Hunt for the best burger, perfect pepperoni pizza, and excellent egg fooyung around while exploring local metro eateries both new and well-established. This great social outing for fellow foodies and friends leaves you stuffed and satisfied. Bring money for lunch and a dessert stop.

Ages: 55 Yrs +
Chuy’s
Th 7/6 11 AM - 2 PM No Charge 7398

Pinot’s Palette

Discover your inner Picasso! Receive step-by-step instruction from a local artist, learn about different painting techniques, and bring your favorite beverage to enjoy while mingling with friends. Leave with a hand-painted canvas masterpiece to display on your wall or give to a loved one. Bring money for lunch.

Ages: 55 Yrs +
Th 7/13 11 AM - 3 PM \$20 7467

Old Red Museum

Built in 1892, this beautifully restored Old Red Courthouse contains some of Dallas County’s most fascinating historical artifacts. Tour highlights include an insider look into the clock tower, courtrooms, grand staircase, and a special exhibit celebrating the 10-year anniversary of the museum. Bring money for lunch.

Ages: 55 Yrs +
Th 7/20 10:30 AM - 4 PM \$8 7468

Lone Star Park

Time to hit the races! Catch the fun and excitement of world-class thoroughbred horse racing at Lone Star Park at Grand Prairie. Bet on your favorite horses, visit the jockey quarters, and take a look at the beautifully landscaped saddling paddock. Admission includes your seat, dinner, and unlimited soft drinks.

Ages: 55 Yrs +
Th 7/27 4 - 11 PM \$25 7472

Store Trip

You do the shopping while we do the driving! Every other Tuesday the bus will pick you up and take you around to run your errands. Typical stops include Walmart, Dollar Tree and the bank. Bring money for lunch and shopping.

Ages: 55 Yrs +
Tu 7/18 10 AM - 2 PM FREE 7516

QUESTIONS ABOUT TRIPS?

CONTACT WYLIE SENIOR RECREATION CENTER STAFF,
RECREATION@WYLIETEXAS.GOV
OR 972-442-8119
REGISTER PER PERSON, BRING AT LEAST \$12 FOR LUNCH.

Genealogy

NEW!
Learn your family history! Find out if your ancestors fought in the Revolutionary War, traveled overseas to get here, and how they provided for their families. Improve your research skills at your own pace. Explore preservation techniques, ethnic studies, and more.

Senior Recreation Center
Ages: 55 Yrs +
Instructor: Robert Stokes
W 7/12 1 - 2 PM No Charge 7491

Third Monday Book Bunch

Social networking and a good book. No batteries required! Immerse yourself in a good story with friends. Discuss thrilling tales, mysterious manuscripts, and awe-inspiring adventures. Paperback books selected a month in advance by the group and based on group discussion and interest.

Senior Recreation Center
Ages: 55 Yrs +
Instructor: Donna Shirley
M 7/17 12 - 1 PM No Charge 7421

AWESOME EXPERTS

ANGELA DANIEL teaches Creative Confections. She has been working for the Recreation Department since 2010 and at the Senior Recreation Center since 2016. Angela loves sharing her creativity and recipes with those around her. She has many great memories of cooking and baking with her grandmother, mother, and children. Her favorite quote is, "The fondest memories happen while gathered around the table."

JENNIFER HOLLIEN offers craft instruction. Jennifer has always enjoyed crafting with her children's vacation bible school and family birthday parties. She has helped the Senior Recreation Center with holiday craft projects and decorating for parties and lunches for many years. Jennifer enjoys helping others expand their creative expression through Senior Craft Corner projects.

MATT KRUSE offers woodworking instruction. Since joining the Senior Recreation Center staff in 2013, he has become the go-to handyman. Matt is an experienced woodcrafter who can build anything from cabinetry to decorative figurines. Matt perfected his woodworking skills while growing up on the family farm. He loves to teach others the trade.

LUPE KUHARSKY offers wreath making. Lupe is a former educator and administrator for Mesquite ISD and has been a member of the Senior Recreation Center since 2012. She was inspired to start crafting at a young age by her sister, who owned a craft store, and her neighbor who loved to create jewelry. In addition to designing wreaths, her favorite crafts include making blue jean purses and cross-stitching.

JOYCE MCGAUGHEY teaches fitness classes at the Senior Recreation Center. She is a senior herself and has been volunteering her time since 2011 to make this program the success it is. Her class has grown exponentially since its early days due to her motivation and determination to help her peers be fit and live a healthy life.

SUN	MON	TUES	WED	THUR	FRI	SAT
						<div>1</div> <div>10:00 AM Chair Yoga</div>
<div>2</div>	<div>3</div> <div>10:00 AM Texas Hold 'Em</div> <div>1:00 PM Press Play: Music Trivia</div> <div>1:00 PM Crochet</div>	<div>4</div> <div>CLOSED</div>	<div>5</div> <div>8:00 AM Bagels at the Pavilion</div> <div>8:30 AM Gardening</div> <div>9:30 AM Group Exercise</div> <div>12:30 PM Coffee Talk</div>	<div>6</div> <div>11:00 AM Senior Chow Critics</div> <div>12:30 PM Craft On</div>	<div>7</div> <div>9:30 AM Group Exercise</div> <div>10:00 AM Porch Pops</div> <div>12:30 PM Bingo</div> <div>1:30 PM Woodworking</div> <div>1:00 PM Backyard Games</div>	<div>8</div> <div>10:00 AM Chair Yoga</div>
<div>9</div>	<div>10</div> <div>10:00 AM Happy Circle FBC</div> <div>10:00 AM Texas Hold 'Em</div> <div>1:00 PM Press Play: Music Trivia</div>	<div>11</div> <div>10:00 AM Reelers</div> <div>10:00 AM Basic Floral Design</div>	<div>12</div> <div>8:00 AM Bagels at the Pavilion</div> <div>9:30 AM Group Exercise</div> <div>12:30 Library trip</div> <div>1:00 PM Genealogy</div>	<div>13</div> <div>11:00 AM Pinots Palette</div> <div>12:30 PM Craft On</div>	<div>14</div> <div>9:30 AM Group Exercise</div> <div>10:00 AM Porch Pops</div> <div>12:30 PM Bingo</div> <div>1:30 PM Woodworking</div> <div>1:00 PM Backyard Games</div>	<div>15</div> <div>10:00 AM Chair Yoga</div>
<div>16</div>	<div>17</div> <div>9:30 AM Group Exercise</div> <div>10:00 AM Texas Hold 'Em</div> <div>1:00 PM Press Play: Music Trivia</div> <div>12:00 PM Book Bunch</div> <div>1:00 PM Crochet</div>	<div>18</div> <div>10:00 AM Store Trip</div>	<div>19</div> <div>8:00 AM Bagels at the Pavilion</div> <div>8:30 AM Gardening</div> <div>9:30 AM Group Exercise</div> <div>12:30 PM Craft Corner</div>	<div>20</div> <div>10:30 AM Old Red Museum</div> <div>12:30 PM Craft On</div>	<div>21</div> <div>10:00 AM Porch Pops</div> <div>11:00 AM Celebration Luncheon</div> <div>12:30 PM Bingo</div> <div>1:30 PM Woodworking</div> <div>1:00 PM Backyard Games</div>	<div>22</div> <div>10:00 AM Chair Yoga</div>
<div>23</div>	<div>24</div> <div>9:30 AM Group Exercise</div> <div>10:00 AM Texas Hold 'Em</div> <div>12:30 PM Creative Confections</div> <div>1:00 PM Press Play: Music Trivia</div>	<div>25</div> <div>10:00 AM Reelers</div> <div>1:00 PM Wreath Making</div>	<div>26</div> <div>8:00 AM Bagels at the Pavilion</div> <div>9:30 AM Group Exercise</div> <div>12:30 Library Trip</div>	<div>27</div> <div>12:30 PM Craft On</div> <div>4:00 PM Lone Star Park</div>	<div>28</div> <div>9:30 AM Group Exercise</div> <div>10:00 AM Porch Pops</div> <div>12:30 PM Bingo</div> <div>1:30 PM Woodworking</div> <div>1:00 PM Backyard Games</div>	<div>29</div> <div>10:00 AM Chair Yoga</div>
<div>30</div>	<div>31</div> <div>9:30 AM Group Exercise</div> <div>10:00 AM Texas Hold 'Em</div> <div>1:00 PM Press Play: Music Trivia</div>					